



Steffen Peters shares anxiety issues while endorsing CBD as part of the solution.

by Kim F. Miller

Seeing “Steffen Peters” and the word “anxiety” in the same sentence jumped off the page while reviewing a recent press release. It was sent on behalf of Trove LLC, a new line of CBD -- cannabidiol -- products that the four-time Olympic dressage rider is endorsing while pursuing a fifth Olympic appearance in Tokyo next summer.

Due to my lack of knowledge about the complicated realities of “cannabinoids” when the news arrived, I was intrigued that Steffen was aligning himself with anything in the cannabis realm. But my first shock was the revelation that someone so accomplished and a seemingly cool customer would have severe anxiety.

“I know people may be a bit surprised or even shocked,” Steffen shared. “We are supposed to be so composed and cool, and that’s how I was for most of my life.”

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