



### Olivia Frost Joins Hansen Dam

Southern California equestrian hub, Hansen Dam Horse Park, adds another spoke of activity in welcoming dressage trainer Olivia Frost to its roster of resident professionals. Since taking over the Horse Park in late 2017, Managing Director Larry Langer has prioritized working with trainers who share his goal of bringing high-quality equestrian experiences to new and existing enthusiasts throughout the region.

Olivia fills that bill perfectly. As a lifelong horsewoman raised on the East Coast, her early equestrian years included trail riding, western disciplines and jumping. With that well-rounded start, she eventually zeroed in on dressage under the tutelage of German “Reitlehrer” Felicitas Von Neumann-Cosel. Olivia came to California 10 years ago and recently decided to bring her training program and clientele to the Hansen Dam Horse Park.



The Horse Park’s newly enlarged 12’ by 16’ stalls were a main factor that attracted her to Hansen Dam Horse Park in comparison to the standard 12’ by 12’ stalls found at many stables. “There are many Warmbloods and Andalusians in my training program that need bigger stalls, so the space was very attractive to me,” Olivia explained.

Hansen Dam Horse Park's cross-training possibilities were equally compelling. The Horse Park occupies 38 acres on the edge of the Hansen Dam Recreation Area in Los Angeles County's Lake View Terrace. Miles of riverbed trails weave through beautiful, shady open space. "I think it's important to have variety for your horse," Olivia notes. "I like being able to ride in different arenas, to jump a little, and the emotional release of trail riding. That's how I grew up and I think cross-training is really important."

Like-mindedness with Larry sealed the deal as Olivia contemplated bringing her approximately 20-horse program to HDHP. "A couple of my clients used to compete in shows Larry produced and they gave me great testimonies on how he managed them," she added. "The fact that Larry was a trainer too is great because it means we are speaking the same language."

She appreciates Larry's prompt responses, creative ideas and problem-solving skills. "It is a comfort for me to know the property managers are capable of understanding trainers' issues and are willing to address them."

Olivia and Larry also share a passion for education. Hansen Dam Horse Park's suitability for hosting events that further horsemanship knowledge is another advantage of the facility. She plans to bring in clinicians from Germany, Europe and the East Coast and believes that HDHP will be a perfect venue for a long-held dream of organizing a dressage symposium.

Hansen Dam Horse Park's Clubhouse Arena and 3,000-square foot clubhouse and patio offer a unique educational space perfect for a symposium. The jumping-size arena and fully-enclosed clubhouse building are connected by a large, shaded patio. For organizers and participants, the space makes for easy staging and flow between riding demonstrations, classroom instruction, and socializing or dining in between.

*For more information about Olivia Frost, visit [www.oliviafrostdressage.com](http://www.oliviafrostdressage.com).*

*Flying Changes welcomes your submissions. Please tell us about what's happening in your life and/or at your barn: births, deaths, engagements, job changes, new hires, marriages, new management and barn moves. Send your reports to Kim F. Miller at [kimfmiller1@mac.com](mailto:kimfmiller1@mac.com). Photos welcome!*